

# Family & Self-Advocate Conversations



Join us throughout the year for interactive sessions that will help you navigate your day-to-day life and connect with others.

## 2023 SESSIONS

Sign up for one or more sessions at [bit.ly/3CVbSwq](https://bit.ly/3CVbSwq) or by using the QR code below.

### February 9

#### Guardianship & Alternatives

How do parents know whether or not to establish guardianship? If parents choose not to establish guardianship, what other options are there?

### May 11

#### Social Opportunities

Learn about community opportunities to make friends and develop meaningful connections.

### August 10

#### Independent Living Options

Transitioning into adulthood is challenging. Learn what options are available to support you during this transition.

### November 9

#### Transportation

Learn what transportation options are available where you live, and learn how to access safe transportation in your area.



**All sessions held virtually:**

**12:30 PM CT/  
11:30 AM MT**

## CONTACT US

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